



Embracing diversity for shared liberation.

*a united methodist neighborhood church

RONALD REVIEW March 2024

Ronald United Methodist Church

Connect with God. Connect with yourself. Connect with your neighbor.
Because communing can heal us.

17839 Aurora Ave. North, Shoreline, WA 98133

206-542-2484 | office@ronaldumc.org | www.ronaldumc.org

Pastors: Kate Kilroy & Pat Simpson

Lent is the journey to the cross. Christ's cross but also our own.

~ Pastor Kate

"Then Jesus said to his disciples, "If any of you wants to be my follower, you must give up your own way, take up your cross, and follow me."
Matthew 16:24 NLT

Jesus arrived to where he will be crucified, dragging his beaten body, followed by Simon who carried the weight His cross. They arrived at a little hill outside of Jerusalem called Golgotha. The word *Calvary* is the Latin translation of the Aramaic word *Golgotha*. But what is the English translation? It means *the Skull*. Scholars are not sure if it was called skull because of the shape of that hill or if skulls were found there.

Jesus dies at this place of the skull.

As we make our way toward Golgotha, journeying into ourselves, as we discover what has distanced us from God, we remind ourselves that much of our own sense of death is offered in the same place where Christ died. Not in the same geographical place, but in the place of our own skulls.

Within our minds we rationalize. We logic our ways through. We make our plans.

Yet, our sacred text teaches us *"The mind of a person plans his way, But the LORD directs his steps."* (Proverbs 16: 9 NASB) During Lent we notice all the plans we've made. All the ways we've arranged our lives, all our preferences, our hopes, and our best attempts at arranging a good life for ourselves... and yet... We invite the LORD to guide instead of our academia, our best guesses, our egos, oh even our well-intentioned strategic hopes... We examine all the places where we make decisions not based on God, but on our own temporal understanding.

We crucify the limitations within our own skull and we open our hearts to receive the direction of God anew.

God, I am but dust.

All my ways are ashes compared to your ways.

Help me notice the way I think and behave, so that I can invite you into my whole self, as my director, my guide.

Lead me with your everlasting life!

Here are some ways to honor your journey God during Lent in Fasting, Prayer & Almsgiving!

Remember you are invited to take a break from whatever and however you choose to Fast, Pray, and almsgive on Sundays!

Ways to Pray this Lent

Sing these lyrics (and other Hymns) in Prayer:
A Lent version of *Be Thou My Vision*:
From UnfoldingLight.Net

God, we are broken, for all flesh is weak. Grant us the healing and peace that we seek. For all that pains us, beyond our control, grant us your healing, our bodies made whole.

God, we are broken; our hearts are not one. Sometimes it seems that our souls come undone. Bring us renewal and calm in our soul. Grant us your healing and make our hearts whole.

God, we are broken: for families and friends suffer when love fails and faithfulness ends. May your forgiveness and grace play its role. Grant us your healing; make covenants whole.

God, we are broken, for many are poor, and we ignore those who lie by our door. God, may your justice like great rivers roll. Grant us your healing; make all people whole.

God, we are broken for hate and all warwound us so we are not free anymore. Make us one people from pole to pole. Grant us your healing; make covenants whole.

Subscribe to the text mini-digital-devotions!

Text @24747c to the phone number 81010. This will allow you to join the text list that will take you right up to Easter morning!

Download the free app "Pray as You Go" or pray online with pray as you go: <https://pray-as-you-go.org/>

Set an alarm or a timer on your phone to remind you to sit in quiet meditation with God. Even if it's just one minute long! Use the free app *Insight Timer* if you'd like as it can send you reminders, and lead you through guided meditations. You can search "Christian" and find Christian meditations and save your favorites! It is also available online: <https://insighttimer.com/>

Pray along with the "Praying of the Hours" <https://divineoffice.org/>

Pull out a Scrabble letter: Pray for something that starts with that letter.

Pray the Psalms!

Go onto YouTube and create a playlist of some Christian affirmations that you can save for future reference. You can also listen to the whole Bible on YouTube.

Download the free app Penzu and begin journaling your prayers. It can send you reminders and encourage you in your practice. It is also available online. <https://penzu.com/>

Write yourself a note and post it near all the sinks in your home so you see it often to remind yourself: "Pray like it depends on God. Act like it depends on me."

Ways to fast (free ourselves from distractions) this Lent:

- ◆ Turn off the radio while driving to listen for the quiet of God.
- ◆ No more snoozing your alarm until Easter.
- ◆ Limit how much caffeine you have each day.
- ◆ Limit your social media or screen time.
- ◆ Only eat when the sun is up.
- ◆ Enjoy meatless Mondays!
- ◆ Honor your body by increasing your fiber intake so you don't get the munchies.
- ◆ Experiment with meal prepping to save money and eat better.
- ◆ Fast some of your alone time and come to Ronald Commons Cafe to share a meal with others.

Ways to almsgive (offer valuable gifts) this Lent:

- ◆ Set up an automatic donation to the church even if its only \$20.
- ◆ Skip a luxury purchase (such as morning coffee) and donate that money.
- ◆ Serve dinner at Ronald Commons Cafe instead of going out to dinner.
- ◆ Donate books to a local school.
- ◆ Donate clothing and gently used items to a shelter, or thrift store.
- ◆ Donate items to coffee hour.
- ◆ Donate time to a local school to read to children or help monitor during lunch time.
- ◆ Donate to Hopelink!



Hopelink Notes
~ Darol Reynolds

We are looking forward to having the nonfood items you are bringing during Lent to fill up our shelves that have become rather sparse lately.

People who have limited means really need the items you are providing since they are necessities that are not covered by assistance programs.

Ronald Commons Cafe has resumed in-person service from 5:30 — 7:00pm in the fellowship hall on Thursdays.

- ◆ Take-out meals are available starting at 6pm.
- ◆ Vegetarian meals are available.

We need more volunteers.

If you are interested, please use signup.com/go/XBZkOzo to sign up. It is important for us to know who is coming to manage our staffing.

Thank you!
~ Ronald Commons Café Chefs

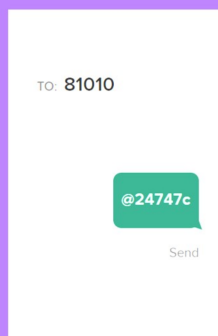


Join mini-digital-devotions!

Text @24747c to the phone number 81010. This will allow you to Join the text list that will take you right up to Easter morning!

Lent Text Devotions

Text: 24747c to 81010 or scan the QR code to receive a daily short mini-quote until Easter! These abbreviated quotes will help you nurture your heart through the season of Lent as a way to pray.



Lenten Donations

During Lent, bring in donations for our neighbors who use Hopelink. These are items they ask for that aren't donated very often. Drop off your donations on Sunday mornings.

1st Sunday of Lent
February 18

- 2-in-1 Shampoo/conditioner



2nd Sunday of Lent
February 25

- Lotion



3rd Sunday of Lent
March 3

- Deodorant



4th Sunday of Lent
March 10

- Body Wash



5th Sunday of Lent
March 17

- hand soap



Palm Sunday
March 24

- Soft socks



Easter Sunday
March 31

- toothpaste



LENT

During the first 3 Tuesdays of March, Pastor Kate has digital, communal office hours.

Feel free to pop in 6:00-7:30pm.

This is a drop-in connection space with the pastor — a time to connect, share prayer requests, receive some encouragement, and process together.

Sometimes, we'll have prompts to help you reflect on your own journey, as you grow as a student of the loving ways Christ taught us.

Register once and it will unlock all sessions for you to join as you would like:

<https://greaternw.zoom.us/meeting/register/tJ0tceyqqz0sHNXsknTZhtW8zK5ODbUAPiak>

Sunday Worship looks different!

The Sundays of Lent will include our Lenten Worship plan:

To support our need to practice leaning into deepening our walks with God, and integrating our lived experience into our hope of being reconciled to God we will be doing something different.

To honor our journeys toward the cross and enter into listening to the Spirit, each Sunday until Easter the sermon time will fast its traditional structure and allow: **silence** for prayerful reflection with God, **journaling** in the pews, or **external processing** sitting in circles in the front of the Sanctuary.

GOAL:
Practice prayerfully integrating your lived experience into the hope of being reconciled to God.

MICRO-SERMON: Listen with courisousity.
SHHHH: 2 Minutes of Silence.

ENGAGE WITH GOD:

External
Process with others Join a circle in the chairs toward the front and externally process together.

Internal
Process in without interruption Sit in the pews/bench seating. Journal, pray and go inward in silence.

During lent we won't do the full announcements.

Click on the QR code here to see what might have been added.

Holy Week

March 24, Palm Sunday:

Come ready to Celebrate the Arrival of Jesus!

- ◆ This is also the last day to turn in dedications & donations for Easter Flowers. (see page 6 for sample form)

March 28, Maundy Thursday

Open House: Instead of a service, the church will have an open house with an interactive, family friendly, hands-on activities to help us experience the Stations of the Cross!

It will be open to the public and run 5am until 9pm.

Flyers coming soon — please share them!

- 5am to 9pm Stations of the Cross
- 5:30pm share a meal at Ronald Commons Café

March 29, Good Friday

- **7:00pm Good Friday hybrid worship:** a sober service where we hold the pain and suffering of the cross in dramatic presentation to help us discover the familiar story anew.

March 31, Easter Sunday

- ◆ **Worship starts at 11:00am**
- ◆ **Flowering the cross**
Bring flowers to decorate the baren cross during the worship service
- ◆ **Easter Egg Hunt**
After worship young children are invited to an egg hunt in the playscape.

We are accepting donations of small chocolates that can fit in plastic eggs.

To donate or help, contact:

Noelle noelletricia@gmail.com

Gina ginadelros@gmail.com

Shay delrosario.cheryl@gmail.com

One Board News

Church One Board update
~ Thomas Harris, One Board co-chair

Howdy RUMC family,

March is here and it has already been quite the productive and busy year! On behalf of your board, I thought you all might like to hear a bit about how our last meeting (January 27) went and what we accomplished.

- As this was the first meeting for our newly reorganized board, members came together and had thoughtful discussions on defining roles and responsibilities, as well as how we best work together. I can confidently say this board is determined and focused on creating meaningful and Christ-centered change for our church and our community.
- We successfully submitted our application for an apportionment reduction to the conference, in hopes that we are approved- this will help the church reach its financial goals for the year and begin our path to being able to pay our full apportionment responsibility.
- Pastor Kate, along with board trustees David Lewis and Brian Henry made the decision to take a security and safety course to ensure we are better prepared to handle situations at the church that require mindful de-escalation tactics and ensure the safety of our congregation and any neighbors in the community who we interact with at RUMC.
- The board voted to allow Shorenorth Co-Op Preschool to place plants around the perimeter of the building to discourage the usage of drugs and the presence of hazardous materials in areas that put the school's children, and those at risk at Ronald Commons in danger.
- Finally, the board voted unanimously to approve a proposed budget for 2024, and reaffirmed our commitments to making the biggest positive impact possible for our community while being mindful of the resources we have.

We are excited to receive feedback from the congregation on the budget and any financial concerns that may be present our Finance Town Hall (set for March 3rd).

Our next meeting is set for March 9, where we look forward to making more progress on our yearly goals!

2024 Church Board

- ◆ Co-chairs: Gina del Rosario-Martin, Tom Harris
- ◆ Trustees: Jason Metcalf-Lindenburger, David Lewis, Brian Henry
- ◆ Finance: Stephanie Henry, Trina McCarrell, Gretchen Holt
- ◆ SPRC: Tara Sullivan, Shay Lavarias,
- ◆ Lay Leader: Marilyn Reid
- ◆ Lay member to Annual Conference: Reuben Roque

Church Finance & Stewardship Updates

~ Stephanie Henry

Church Finance and Stewardship Update

Hooray! We have closed the books on 2023, and I have deep appreciation for Marilyn Reid (Treasurer), Trina McCarrell (Financial Secretary), and Pastor Pat for their work in doing so. Here's a high-level overview of how we ended the year:

Final 2023 Report

Total revenue: \$224,936

Total expense: \$224,879

Net: \$57

2023 Giving Statements: Trina has distributed 2023 giving statements either in person or by mail. Please email Finance@RonaldUMC.org or call the Church Office if you have not received yours yet.

On January 27, 2024, the Board approved a high-level budget for 2024.

—
Please attend the upcoming Town Hall on Sunday, March 3 for more details relating to our budget and exciting new ministry ideas.

2024 Expense Budget

Payroll: \$157,514

Maintenance and operations: \$80,000

Apportionments: \$7,418

Administration: \$4,900

Ministries: \$1,000

Total: \$250,832

Please note that our capital campaign for the siding of the building is completely separate from our 2024 budget.

Blessings,
Stephanie Henry, Finance Chair
stephjdhenry@gmail.com

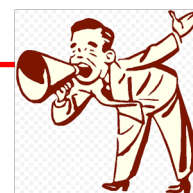
Safety Update

~ Pastor Kate

David Lewis and Brian Henry attended a training session for houses of worship where a member of homeland security was present, and offered suggestions and support for keeping us safe.

The trustees were inspired by the training and are already researching ways to implement their learnings for our context.

Feel free to reach out to them for more information.



Capital Campaign Update

~ Jason Metcalf-Lindenburger
jasonmetcalflindenburger@gmail.com

We signed a contract with Pacific Exteriors to install HardiePlank siding on the west and south facing walls of the church. This will include fixing the stained glass windows in the sanctuary which have been sliding down. **We expect the new siding to be installed in April or May.**

Thank you for your generosity in the Capital Campaign. More donations are appreciated in case of cost overruns.

Paint parties: June 29, 30 & July 4

We will paint the exterior of the church ourselves. All the church is invited to help in that endeavor as they can, either by helping to paint or giving financially. **The week of painting service will be from Saturday, June 29 to Friday, July 5.** Please consider helping when you can, especially on the weekend days of June 29 and June 30, or on the morning and afternoon of July 4 if you are off work that day.

Paint the high bits with Jason!

A final request for a few members. A large lift will be rented for the week to paint the high walls safely, using a paint sprayer. If you would be willing and physically able to be up high in a lift with Jason Metcalf-Lindenburger for a day of that work, please let him know.

The work will go more quickly with two people: one to use the paint sprayer and the 2nd person to use a roller over the sprayed paint. Jason has completed a training and certification program to use the lift correctly and safely, and will have safety harnesses and other required equipment.

Safety Officer

~ Sandra Reynolds

Thank you for being so conscientious about making sure the children are safe in the playscape by being on hand to supervise them.

Wearing masks in the building is optional. Hand sanitizers will continue to be provided. These policies may be changed as needed by agreement among pastors and the safety officer.

Persons with symptoms of any contagious illness are asked to remain at home.

Starting with the April Review, we are transitioning to online only!

Ronald Review is going Paperless

Spring cleaning in April means that Ronald Review is going *paperless*!

We are so excited to honor the planet by avoiding unnecessary printing, saving money on postage, and eliminating hours on preparing the physical paper post.

Currently, if you are only getting the Review via USPS, you have some options:

- ◆ Sign up for our monthly e-newsletter! Email office@ronaldumc.org and tell Erin you want to be added to our email list.
- ◆ First Sunday of the month, join us to worship at church, and pick up a paper copy in the Sanctuary. We will still print around 20 copies every month.
- ◆ If picking up a copy at church won't work for you, ask for us to mail you a copy to your home. Contact the office 206-542-2484 or office@ronaldumc.org.

Sunday Parking

Those who are not disabled, we ask you to please park in the back of the building in any of the parking spots to allow those who are mobility challenged easier access into the building. **The entire back parking lot is free for our use on Sundays! Yay!**

Birthday & Anniversary Donations!

We have a tradition of donating to the church during your birthday and/or anniversary month for the number of years you are celebrating.

◆ **Mario Valbuena**

These donations will all go to support our Emergency Fund.

March Birthdays

March 1

- ◆ Erica Youngman

March 3

- ◆ Stan De Pano

March 4

- ◆ Sean Roque

March 5

- ◆ MJ Legaspi

March 7

- ◆ Larry Heesacker

March 15

- ◆ Ken Mayberry

March 21

- ◆ Erick Hutchinson

March 23

- ◆ Bria Metcalf-Lindenburger

March 25

- ◆ Kelly Dahlman-Oeth

March 27

- ◆ Ramon Roque

March 29

- ◆ Becky Sealey

March 30

- ◆ Linsky Lopez
- ◆ Reuben Roque

March 2024

United Women in Faith, Martha's Circle March 6 at 10:30

in the Gathering Room

~ Sandra Reynolds

Everyone is invited to enjoy fellowship and an interesting program. You will be welcomed with no expectation of becoming a member, but new members are always welcome.

Lunch will be provided.

We will be making plans for our Spring Tea and Silent Auction, so think about price, menu, and so forth and be ready to share your ideas.

UMCOR Sunday

United Methodists Committee on Relief

March 10

UMCOR, provides hope for communities and individuals whose lives have been upset by war, storms or other crises. This ministry is achieved exclusively through your generosity.

Last year, your generosity (through November 2023) delivered **\$1.5 million** for direct ministry to persons in need.

Caring Crafts

March 9 from 10:00—4:00

In March, we will meet at a member's house in Kent. Please call Trina McCarrell for carpooling.

Caring Crafts will return to RUMC in April.

Everyone who loves doing handiwork in cheerful company is invited to bring their current project and a lunch. Hang out, for a bit or the whole day. Folks work on knitting, mending, crocheting, scrapbooking, multi-media art, and card-making.

Kids check in with Pastor Kate

Monday nights at 5:30pm

Kid's check in has been moved from 5 to 5:30 and will be held any Monday evening when school was also been in session. :)

I am passionate about helping our kids build relationships with their faith community, develop their sense of ownership, and facilitating discipleship for very young hearts! Join here:

greaternw.zoom.us/j/91487734446

Sunday School

~ Sandra Reynolds

As you use the lessons for Lent and Easter, it is my hope that they will help your children experience the meaning of Easter, and that that experience will not be overshadowed by the secular trappings of this most sacred time.

Beers & Beliefs

Most Thursday nights

Details are posted in the group Facebook Page.

For more information contact Pastor Kate at pastor@ronaldumc.org to get you connected. :)

SAVE THE DATE!

United Women in Faith Spring Tea & Silent Auction Saturday, May 25

~ Sandra Reynolds

We always keep the *ticket price low* and the *quality of food and auction items high!* This event is a great one for church members to invite friends and relatives. Start contacting potential guests and be looking for items to contribute to the auction.

Have an auction item? You may bring auction items to church on Sunday or at times arranged in advance. We will find storage space.

Popular items are: coupons for professional services, or future items such as work around the house, or special baked goods for future events. Use your imaginations.

Ronald Spring Clean

March 9 and/or 16

Debbie Cavinta and Beth Valbuena are planning a big afternoon Spring Clean to make Ronald beautiful inside and out before Easter Sunday. Stay tuned for more details.

Easter Flowers

Dedications & Donations

On Easter Morning, we decorate the sanctuary with Spring tulips that were donated to honor and remember our loved ones.

Each flower donation is \$12.

Turn in dedications & donations by March 24

to give Beth Valbuena time to purchase all the flowers. We will include your dedications in the April *Ronald Review*, and print a special bulletin for those who attend Easter Sunday in-person.

Dedication Form

Number of flowers _____ Donation amount _____
memo line "Easter flower"

Given by _____

In memory of _____

In honor of _____

Please pray for _____

Use additional paper if you need more room.

Drop off dedications and checks in the church office on Sunday, or mail:

Attn: Erin Lovejoy-Guron

17839 Aurora Ave N

Shoreline, WA 98133

**Pick up your flowers after worship on
March 31, Easter Sunday.**

News from Community Partners

News & Updates from The UMC



OPEN HOUSE
Sat. March 2nd 10am-12pm
Come for the tour, stay for the fun!

CLASS SCHEDULE:

- Baby n' Me:**
Birth to 1 year
Tuesdays 9:00 - 10:30am
- Explorers:**
Ages 1-2 years
Wednesdays 9:25-11:10am
- Toddlers:**
Ages 2-3 years
Tues/Thurs 9:25-11:10am
- Movers:**
Ages 3-4
Mon 9-10-11:10am
Tues/Thurs 11:25am-1:55pm
- Groovers:**
Ages 4-5 years
Mon/Wed/Fri 11:25am-2:05pm

NEW K-3 Parent Education:
Fridays (2x/month) 5:30-7pm
Bring the whole family for dinner and discussion of Parent Education topics

- Our experienced teachers implement developmentally appropriate play-based learning, engage children with music/dance at circle time and teach parent education.
- Offering four playrooms, a sensory bin and library. Arts, crafts, playdough, books, musical instruments, animals, cars, blocks, trains, play kitchen, puzzles, ball mazes, dress up clothes and more are available to your child. Enjoy big body play and rock climbing in the movement room.
- Outdoor playscape (built by our members!) with a play structure, mud kitchen, sandbox, fairy gardens & bubbles.
- Outside of class activities like field trips, park playdates, community events, book club and parent's night out.
- Hear from experts in child development at quarterly seminars & earn college credit through Shoreline Community College.

Questions? Contact shorenorth.registrar@gmail.com
www.shorenorth.com • 17839 Aurora Ave N, Shoreline, WA 98133

Updates on the Episcopal nominations process for 2024

The Western Jurisdiction's Committee on Episcopacy met in San Diego in February, and finalized their plans for the election of any new bishops in 2024.

Potential episcopal elections will take place in July when the Western Jurisdiction holds its conference in Spokane. **Our annual conference will have an opportunity to nomination up to two candidates for the episcopacy.** <https://pnwumc.org/ac2024/episcopal-nomination-process-for-2024/>

Jurisdiction United Women in Faith Quadrennial Event

May 9-11, 2024 | Anchorage, Alaska

Registration open through April 15. Scholarships available. Register at wjumw.com, where you will find detailed information on the hotel, Alaska Airlines discounts, schedules, and workshop opportunities.



Quilters Anonymous 42nd Quilt Show

Galaxy of Quilts

March 15-17, 2024
Friday and Saturday, 10 am-5 pm
Sunday 10 am-4 pm

Evergreen State Fairgrounds
14405 179th Avenue SE
Monroe, Washington

\$10 Admission • 12 & under free

- More than 400 Quilts
- Merchant Mall
- Demonstrations
- Food & Beverages
- Free Parking

Featured Artist
Clare Kapitan

www.quiltersanonymous.org Quilt by Arlette Wentz



WELCOMING THE WILDERNESS

Register soon for the **GNW 5-Day Academy for Spiritual Formation**

It is not too late to register for the next 'Five-Day Academy for Spiritual Formation' held in the Greater Northwest Area at The Archbishop Brunett Retreat Center at the Palisades in Federal Way, WA, **April 21-26, 2024.**

The Five-Day Academy is a spiritual retreat available to anyone wanting transformative space for communion with God, self, others, and creation.

A link to registration and more information about the retreat can be found on the PNW Conference website.

<https://www.pnwumc.org/event/gnw-5-day-academy-for-spiritual-formation>

Shorenorth Carnival
March 23 at Ronald UMC — 12:00-4:00



WELCOME TO THE

CARNIVAL

ONLINE AUCTION
March 20-23

GAMES & PICK-UP
March 23rd 12-4PM

WWW.SHORENORTH.COM

Faithfully Forward March 23

Join United Women in Faith as we step faithfully forward, uniting hearts and hands to create a brighter, more compassionate tomorrow for women, children and youth. Give to the Legacy Endowment Fund

uwfaith.org/dayofgiving

The Legacy Endowment Fund is a permanent investment that supports the work and the future of United Women in Faith.

United Women in Faith

Attn: Legacy

Church Center for the United Nations
777 United Nations Plaza, 11th floor
New York NY 10017

Memo Day of Giving

You are invited to worship every Sunday at 10:45.
Join us in the Sanctuary, from your computer, or by phone.

Worship in-person:

All are welcome to worship with us in person. You can wear a mask if that helps you feel more comfortable, but they are no longer required.

We do ask you to stay home if you have any symptoms of illness.

Worship from home:

Zoom: Each week, the link is the same.
greater-nw.zoom.us/j/867526399

YouTube: You can watch us live on YouTube, or if you miss us live, catch the recording on our YouTube page <https://www.youtube.com/@RonaldUMC>

Keep track of what's happening at RUMC!

- ◆ Go to our website, ronaldumc.org
- ◆ And click on the word "[calendar](#)"

Follow our Facebook page for updates as well.
<https://www.facebook.com/RonaldUnitedMethodist/>

Listen in on your phone:

Listen in on any phone by dialing one of these numbers:

669-900-6833 | 253-215 8782 |
346-248-7799 | 646-876-9923.

When prompted, enter meeting ID: 867-526-399

March 2024 | Ronald Review



Ronald United Methodist Church
17839 Aurora Ave N.
Shoreline, WA 98133
Phone: 206-542-2484
Email: office@ronaldumc.org
www.ronaldumc.org

**Non-Profit Org
US Postage Paid
Seattle, WA
Permit # 386**

**TIME VALUE-DATED MATERIAL
Return Service Requested**

Ronald Commons Café
Thursdays from 5:30-6:30
Free, delicious, high-quality dinners
served in our Fellowship Hall



Sign up to volunteer!
signup.com/go/XBZkOzO
This community meal thrives
with your help.

March 7

- Italian wedding soup
- Vegetable soup
- bread
- pea salad
- dessert

March 21

- Mexican beef casserole
- Mexican lentil casserole
- Salad
- Dessert

March 14

- Turkey à la king
- Mushroom ragu
- Noodles
- Salad
- dessert

March 28

- Chicken tortilla soup
- Vegetarian tortilla soup
- Salad
- dessert

Follow us at facebook.com/RonaldCommonsCafe.